

This Month in **OC READ**

AUGUST 2023

Literacy Fact:

The average amount of books read by Americans in a single year is twelve. However, the average worldwide is four. If you can read more than four books in a year, then you'll have read more books than 50% of the world population.



Contact Us:

readoc@occr.ocgov.com

714-566-3070

Mon - Thurs 10 AM to 7 PM

Fri - Sat 9 AM to 5 PM

AUGUST CELEBRATES WORK LIKE A DOG DAY!

We would like to start off by congratulating our Career Online High School graduates on their tremendous accomplishment, earning their diplomas and taking a foundational step towards their professional future!

In the spirit of strong work ethic, August 5 is Work Like A Dog Day. Have you heard of the expression "work like a dog" before? This is known as an idiom. An idiom is an expression whose collective meaning differs from the usual meaning of the individual words put together. Some other common idioms you may have heard are "have butterflies in my stomach," "once in a blue moon," "go the extra mile." August's idiom likely originated from sheepdogs working all day, putting in a long day's work. Let's take this month to celebrate all your efforts, small and big, in the things you have been working on!





Beyond Boundaries Tutoring (BBT)

Friday, September 8 @ 8:30 AM

Virtual Event

To be notified about upcoming BBTs, fill out this form:
forms.office.com/g/CVqUHLg8Nt

Join OC Read staff for a discussion about retention. How do we make lessons "stick"? How do we achieve skill mastery without endless drills? OC Read staff will share a packet of alternative lesson activities with attendees, but the majority of the discussion will be driven by you and your fellow tutors!

Device Advice

Monday through Saturday during regular business hours

In-person and Virtual Meetings are available

Call OC Read to schedule an appointment

Device Advice is available to all OC Read tutors, regardless of your meeting status! If you have a tech question, call our office and speak to one of our librarians to schedule a Device Advice appointment.

Share your recipe!

Have a favorite dish you like to cook? Send in your recipe to be featured in the OC Read newsletter.



Chakchouka (Shakshouka)

SERVINGS: 1 TO 4

TOTAL PREP/COOKING TIME: 40 MINS

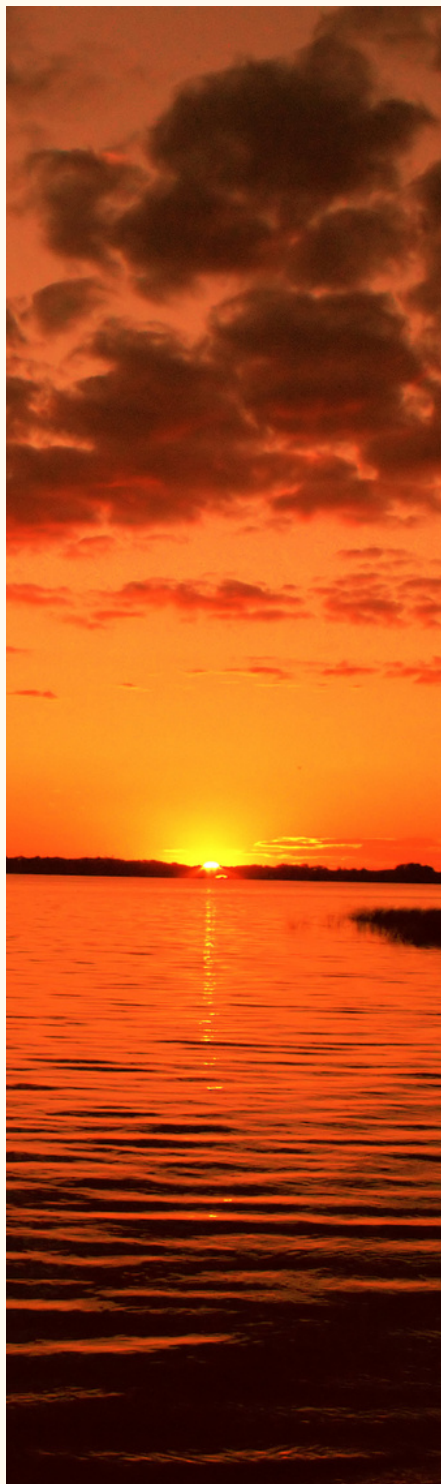
Ingredients

3 tbsp olive oil	1 tsp ground cumin
1 ½ cups chopped onion	1 tsp paprika
1 cup thinly sliced bell peppers	1 tsp salt
2 cloves garlic, minced	4 large eggs
2 ½ cups chopped tomatoes	
1 hot chile pepper, seeded and finely chopped	

Directions

1. Heat olive oil in a skillet over medium heat. Stir in onion, bell pepper, and garlic. Cook and stir until vegetables have softened and onion has turned translucent, about 5 minutes.
2. Meanwhile, mix together tomatoes, chile pepper, cumin, paprika, and salt in a bowl.
3. Stir tomato mixture into onion mixture. Simmer, uncovered, until tomato juices have cooked off, about 10 minutes.
4. Make 4 indentations in the mixture; crack eggs into indentations. Cover the skillet and cook until eggs are firm but not dry, about 5 minutes.

Health Tip: Don't have a hot chile pepper? You can replace it with chili powder. Chile peppers and chili powder contain nutrients like vitamin A, iron, and dietary fiber. There's also evidence that chile peppers, which contain capsaicin, can reduce inflammation. Capsaicin is what causes the "heat" in your mouth when you eat chile peppers.



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News For You

Friday, August 25 @ 8:30 AM
Virtual Event
To RSVP, contact OC Read

Join OC Read staff for a 1-hour casual tutoring session where we'll read and discuss the *News For You* article "Knights in Shining Armor Are Back".

You will not be asked to read the article out loud in front of the group. OC Read staff will read the story while you echo the words! Follow along as closely as you can to build your fluency, and be prepared to walk away with some new vocabulary words.

Link to article: newsforyouonline.com/knights-in-shining-armor-are-back

Password: 0d1d44

Learners and tutors are welcome to attend together or separately.

These events are open to the public.



Back to School

Celebrate the start of the school year with fun activities and special surprises! Join us for Back to School events from 4 PM to 6 PM at:

- La Habra Library – August 1
- Tustin Library – August 3
- Garden Grove Main Library – August 8
- Aliso Viejo Library – August 10

Click the picture to see the flyer





READING PRACTICE

Read the article, "Children Survive Weeks in Jungle After Plane Crash" on *News For You*, then complete the following exercises for a full reading skills workout.

Article: newsforyouonline.com/children-survive-weeks-in-jungle-after-plane-crash

Password: 0d1d44

TRUE OR FALSE? WRITE "TRUE" OR "FALSE" FOR EACH SENTENCE BELOW. CORRECT ANY FALSE INFORMATION. THEN TALK ABOUT THE DISCUSSION QUESTIONS.

- _____ 1. For 30 days, four children were alone in a jungle in Colombia.
- _____ 2. They expected to find the three siblings.
- _____ 3. The children also ate sandwiches.
- _____ 4. The children knew about fruits that could be found in the jungle.
- _____ 5. The Colombian military worked with Indigenous groups to search for them.

DISCUSSION QUESTIONS

Were you surprised that the children survived? Why or why not?

Have you ever eaten foods made with cassava flour?

Do you know anyone from Colombia?

Have you ever been to the Amazon?

Word Game

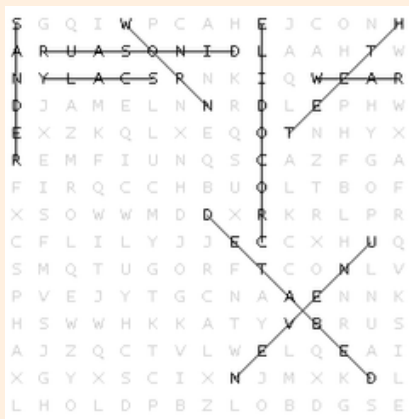
The words in this crossword come from [FreeRice.com](https://www.freerice.com). FreeRice is an online game where you can challenge your word knowledge. Each correct answer on FreeRice supports the World Food Programme's fight to end world hunger.

G	Q	Y	E	W	I	D	L	E	Y	Y	U	C	R	X
Y	C	N	Z	G	R	F	L	Q	E	K	F	L	E	J
P	H	X	O	A	D	I	K	E	L	I	X	Q	D	S
K	R	D	G	I	O	U	S	M	N	E	K	R	I	B
O	I	E	Z	R	N	A	F	D	G	H	A	E	S	A
A	R	L	C	E	U	A	P	A	U	E	C	S	N	R
K	H	L	A	E	Z	V	P	L	V	Z	L	T	O	T
A	J	S	L	O	D	V	S	M	X	S	O	L	C	R
L	Y	E	Y	T	M	E	I	F	O	G	U	E	A	H
L	H	G	X	Z	L	Q	N	L	Q	C	B	S	D	N
O	U	D	X	P	O	C	L	C	C	R	M	S	H	N
E	T	A	I	C	O	S	S	A	E	O	N	W	L	M
H	W	O	B	Y	Y	W	W	M	F	E	Q	F	Q	W
P	R	I	O	R	I	T	Y	K	N	N	Z	Q	R	O
A	L	M	R	B	W	K	S	I	Q	S	B	C	N	D

consider
regard
priority
precedence

restless
uneasy
associate
companion

droop
sag
squash
crush



LAST MONTH'S WORD GAME ANSWERS

blend

predict

sequence

forecast

reveal

series

mix

rug

uncover

LAST MONTH'S READING PRACTICE ANSWER KEY

Match the subheads to the section in the story.

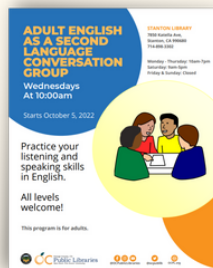
1. c
2. b
3. c
4. a
5. b

MORE PROGRAMS FROM OC PUBLIC LIBRARIES



Career Online High School

Earn your high school diploma by taking classes online during times that are convenient for you. For more information, click on the flyer, or visit ocpl.org/page/career-online-high-school.



English Conversation Clubs

Join one of OC Public Libraries' many ESL conversation clubs. These clubs are a fun way to meet new people, learn new words, and share your skills. Contact OC Read to find out if there is an English conversation club at a branch near you.