

— This Month in —

OC READ

APRIL 2023

Literacy Fact:

Reading can reduce stress up to 68%. More so than listening to music, having a cup of tea, taking a walk, or playing video games.



Contact Us:

readoc@occr.ocgov.com

714-566-3070

Mon - Thurs 10 AM to 7 PM

Fri - Sat 9 AM to 5 PM

VOLUNTEER RECOGNITION DAY

When it comes to volunteering, California knows how to show up! A 2021 AmeriCorps Volunteer Survey revealed that during the pandemic, more than 1.5 million residents volunteered in the Southern California area—with more than 3.8 million residents reportedly helping their neighbors during the peak of COVID. Regardless of where you live, volunteers make an impact on the world around them by contributing endlessly, without asking for recognition—dedicating themselves to causes that assist people, animals, and nature.

At OC Read, our tutors donate their time, skills, and energy to assist our learners in reaching their reading and writing goals! In honor of the amazing tutors who support, encourage, and inspire our learners to reach for the stars...we would love to acknowledge them on April 20, 2023, Volunteer Recognition Day! We couldn't do what we do without you.

THANK YOU!





BIOGRAPHY CORNER

My English Reading, Part 2 by Sungeun

One thing is there are many city and state names in America. So, my teacher brought an American map for me and made me find the city whenever the city was mentioned in the story. Now, I am almost 50 years old. My eyesight is not good and the letters on the map were very very small. It made me dizzy.

But I was excited to check out the cities and states with her. I really enjoyed it.

Second thing is there were many people that fought against the slavery and racial segregation in America. I was surprised that there was racial segregation in the 1960's. Uncountable numbers of people died for their freedom. The freedom that we have is very precious and worthy of protection.

Reading books is not only for gaining knowledge but having hope.

So, I will continue to read.

EVERYONE HAS A STORY

Want to be included in the biography corner? Send your biography to readoc@occr.ocgov.com.

Share a sentence or a whole paragraph. The choice is yours! All biographies are accepted on a rolling basis and will be featured.



BOOK OF THE MONTH CLUB

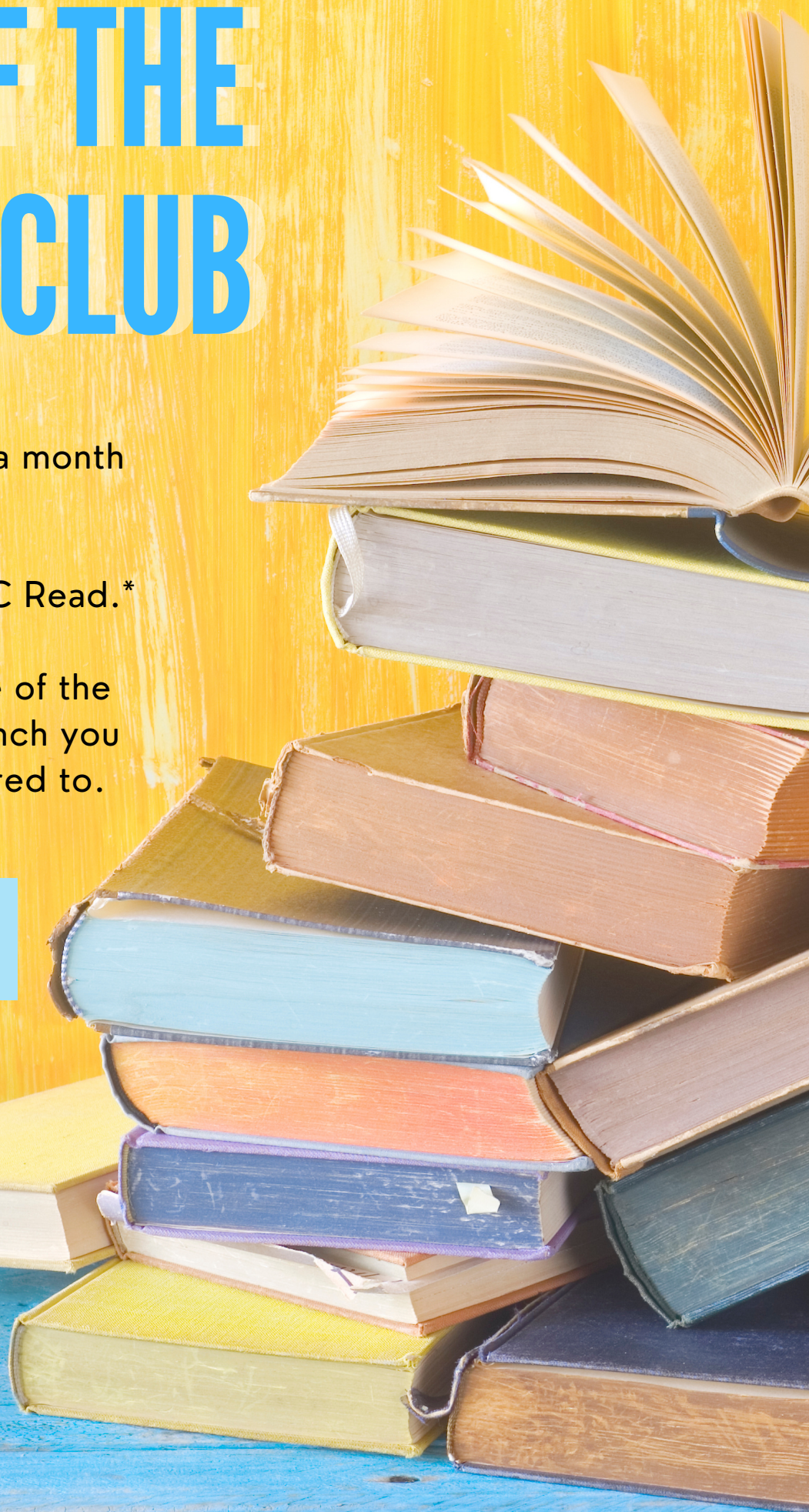
Receive one free book a month
when you join the Club.

To join, call or email OC Read.*

All we need is the name of the
OC Public Libraries branch you
want your books delivered to.

714.566.3070
readoc@occr.ocgov.com

*The book of the month club is for OC Read
learners only. Titles are a mix of low-page
count and adult new reader books.



These classes are open to OC Read tutors. To register for a class, follow the "To RSVP" instructions below each description.



Essentials of Financial Literacy

Monday, April 3, 10, 17 & 24 @ 6 PM

In-Person Event

Tustin Library: 345 E Main Street, Tustin CA 92780

To RSVP, contact OC Read

Join OC Read and the Financial Planning Association of Orange County for an hour of financial literacy basics! **Learners and tutors are welcome to attend together or separately.**

This four-part series will cover everything you need to know to feel more confident managing your money. Workshops will cover the following topics:

- Goals & Budgeting
- Building Credit & Managing Debt
- Saving & Investing
- Homeownership & Protecting Your Assets

Device Advice

Monday through Saturday during regular business hours

In-person and Virtual Meetings are available

Call OC Read to schedule an appointment

Device Advice is available to all OC Read tutors, regardless of your meeting status! If you have a tech question, call our office and speak to one of our librarians to schedule a Device Advice appointment.



We're trying something new!

Healthy recipes will be included in the newsletter from time to time. If you make one of them, be sure to snap a picture and send it our way!



Pesto Pasta with Chicken

SERVINGS: 8

PREPPING TIME: 10 MIN

COOKING TIME: 20 MIN

Ingredients

1 (16 oz) package bow tie pasta
1 tsp olive oil
2 cloves garlic, minced
2 skinless, boneless chicken
breasts cut into bite-sized pieces

1 pinch crushed red pepper flakes
1/2 cup pesto sauce
1/3 cup oil-packed sun-dried tomatoes,
drained and cut into strips

Directions

1. Bring a large pot of lightly salted water to a boil. Add pasta and cook until al dente, 8 to 10 minutes; drain.
2. Heat oil in a large skillet over medium heat. Saute garlic until tender, then stir in chicken and season with red pepper flakes. Cook until the chicken is golden and cooked through.
3. Combine pasta, chicken, pesto, and sun-dried tomatoes in a large bowl; toss to coat evenly.

A tip from other cooks: Double the amount of pesto in this recipe for a more flavorful dish! Or, add some pine nuts on top for a little crunch.

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News For You

Friday, April 21 @ 10 AM

Virtual Event

To RSVP, contact OC Read

Join OC Read staff for a 1-hour casual tutoring session where we'll read through the *News For You* article *Chickens Can't Fly, but Egg Prices Soar*, answer reading exercise questions, and practice writing one-sentence responses to five vocabulary words.

Link to article: newsforyouonline.com/chickens-can%E2%80%99t-fly-but-egg-prices-soar

Learners and tutors are welcome to attend together or separately.

These events are open to the public. To register for an event, follow the "To RSVP" instructions below each description.

PBS SoCal Math Literacy Counting Workshops

Fountain Valley Library, Tuesday, April 4 @ 11 AM

Stanton Library, Thursday, April 6 @ 10:30 AM

Tustin Library, Tuesday, April 11 @ 11 AM

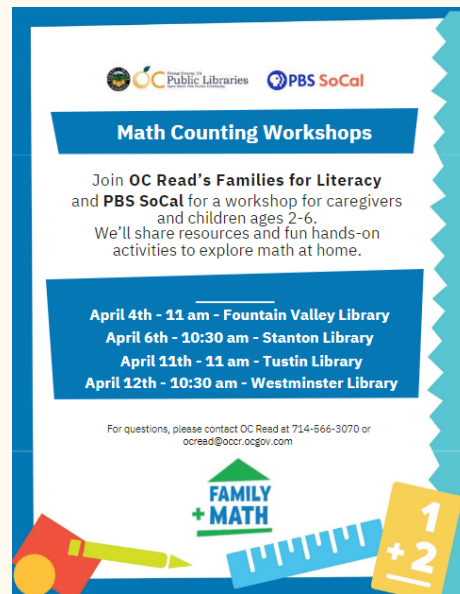
Westminster Library, Wednesday, April 12 @ 10:30 AM

See the flyer for addresses

In-Person Event

Join OC Public Libraries and PBS SoCal for a hands-on workshop for caregivers and children ages 2-6. We'll share resources and fun activities to explore math at home.

Click on the picture to see the
flyers!





READING PRACTICE

Read the article, "Lizards Change to Live in Cities" on *News For You*, then complete the following exercises for a full reading skills workout.

Article: newsforyouonline.com/lizards-change-to-live-in-cities

Password: 0d1d44

IMAGINE THAT YOU ARE INTERVIEWING KRISTIN WINCHELL ABOUT HER STUDY. WRITE HER ANSWER FOR EACH QUESTION. PRACTICE READING THE QUESTIONS AND ANSWERS ALOUD WITH YOUR TUTOR. FINALLY, TALK ABOUT THE DISCUSSION QUESTIONS.

You: How do male anoles' larger legs help them?

Winchell: _____

You: Did female lizards change to live in the city?

Winchell: _____

You: How many lizards did you get?

Winchell: _____

You: How many genes did the lizards with the changed bodies have in common?

Winchell: _____

You: How fast do changes happen in crested anoles?

Winchell: _____

DISCUSSION QUESTIONS

How have you adjusted your life after moving from one place to another?

Do you think it's easy to adjust to new places? Why or why not?

Do you live in a place with anole lizards or similar animals?

LEARNER-TUTOR

Spotlight



Hugo & Evan posing with a WRS book.

HOW LONG HAVE YOU BEEN WORKING TOGETHER?

3 months.

WHAT ARE YOUR FAVORITE MATERIALS TO USE?

The Wilson Reading System

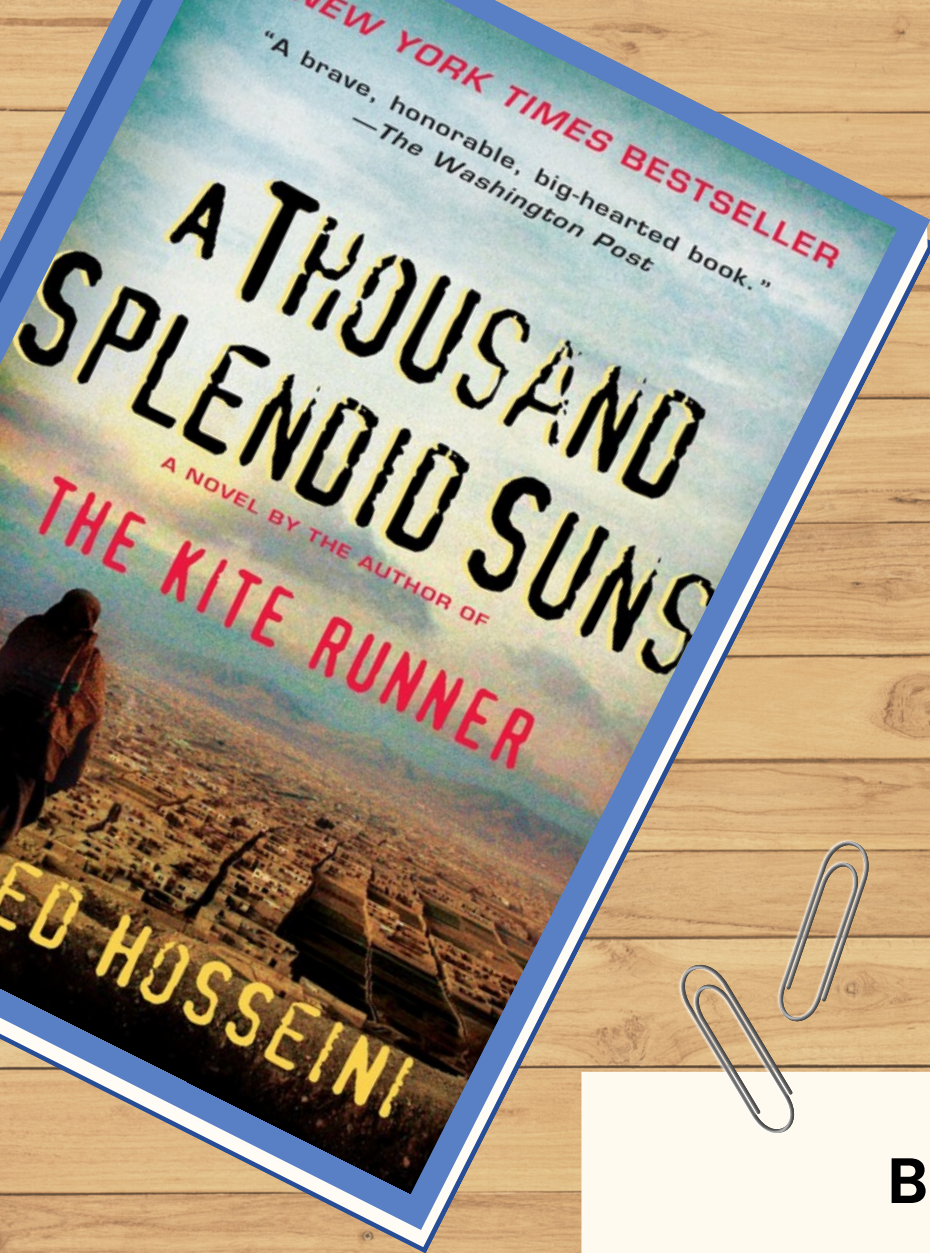
(The Wilson Reading System, also known as WRS, is an instructional program that follows a highly structured series of steps. Tutors must be WRS-trained to effectively use the system.)

WHAT'S YOUR PROUDEST MOMENT AS A TUTOR?

Evan: I'm quite pleased with Hugo's rapid progress into Wilson level 3. Hugo does his homework and attends each session consistently.

WHAT'S YOUR PROUDEST MOMENT AS A LEARNER?

Hugo: Reading the words in Wilson Level 2.



- **Title:** A Thousand Splendid Suns
- **Author:** Khaled Hosseini
- **Page Count:** 432
- "A Thousand Splendid Suns is a haunting, heartbreaking, compelling story of an unforgiving time, an unlikely friendship, and an indestructible love."
- -Libby book description



BOOK NOOK

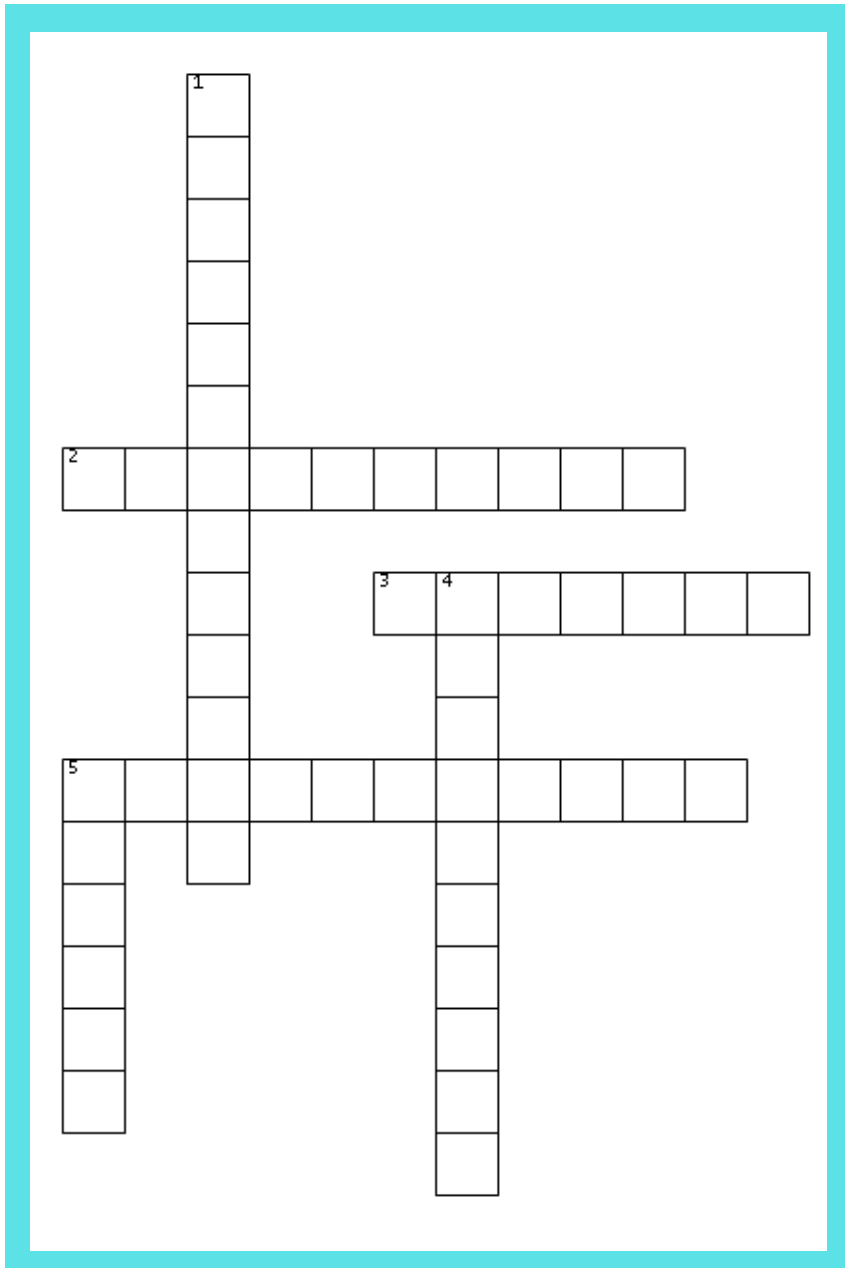
Born a generation apart and with very different ideas about love and family, Mariam and Laila are two women brought jarringly together by war, by loss and by fate. As they endure the ever escalating dangers around them-in their home as well as in the streets of Kabul-they come to form a bond that makes them both sisters and mother-daughter to each other, and that will ultimately alter the course not just of their own lives but of the next generation. With heart-wrenching power and suspense, Hosseini shows how a woman's love for her family can move her to shocking and heroic acts of self-sacrifice, and that in the end it is love, or even the memory of love, that is often the key to survival.

Watch Khaled Hosseini's 2008 interview where he discusses his journey to becoming a novelist.
(Runtime: 1 hour 21 minutes)

You can find the ebook here:
<https://ocpl.overdrive.com/media/205055>

Word Game

The words in this crossword come from "The Osage Firebird" by Sudipta Bardhan on CommonLit. You can read the article by visiting commonlit.org/en/texts/the-osage-firebird

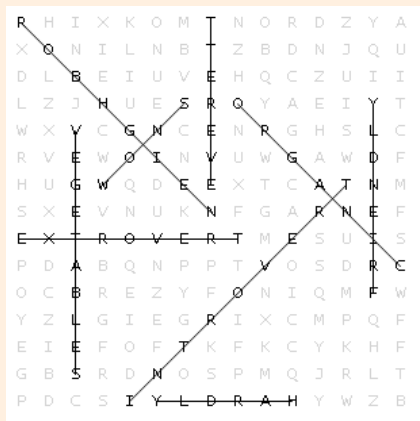


Across

2. Maria's name before she changed it
3. Maria was the first American in a _____ to dance for the Paris Opera Ballet
5. Maria's most famous performance

Down

1. Having knowledge or experience of the world; not simple
4. President who honored Maria with the "Woman of the Year" award
5. The gifts that you are born with



LAST MONTH'S WORD GAME ANSWERS

The words in this crossword puzzle all came from the "My Neighbor" article in The Change Agent.

Word Bank neighbor extrovert snow Everett organic hardly introvert vegetables friendly

LAST MONTH'S READING PRACTICE ANSWER KEY

In last month's article, you were asked to write your thoughts on red tape. Here is an example you can compare against your writing.

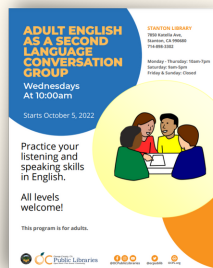
Red tape is a strange idiom! It was interesting to learn about the history of this term. I think red tape isn't always a bad thing, despite what the name may imply. With red tape comes rules and standards, which can be helpful when your work is detail oriented with lots of things to check and double-check.

MORE PROGRAMS FROM OC PUBLIC LIBRARIES



Career Online High School

Earn your high school diploma by taking classes online during times that are convenient for you. For more information, click on the flyer, or visit ocpl.org/page/career-online-high-school.



English Conversation Clubs

Join one of OC Public Libraries' many ESL conversation clubs. These clubs are a fun way to meet new people, learn new words, and share your skills. Contact OC Read to find out if there is an English conversation club at a branch near you.



Earth Day Events

In partnership with OC Waste & Recycling and Discovery Cube, OC Public Libraries' presents Gettin' Wiggly with Composting. For locations, dates, and times click on the flyer or visit <https://www.ocpl.org/earthday>. Free Earth Day Kits will be available at all branches, while supplies last.